

Dear Customer:

Thank you for purchasing a Rockland Bed from Sebago Furniture. The following instructions will enable you to assemble your bed with a few simple tools.

PLEASE READ ALL OF THE INSTRUCTIONS BEFORE PROCEEDING TO ASSEMBLE YOUR BED. You should have another person available to help hold and align the pieces during the assembly process. Please do not hesitate to call if you have questions or difficulty assembling your new bed.

Tools Required:

1. Medium size screwdriver
2. 9/16" Socket Wrench
3. 9/16" open end wrench (King Bed only)



RAIL ATTACHMENT

1. Locate the rails, header and footer.
2. Place Header against wall where the bed is to be located.
3. Position the Footer in front of the header at its approximate final location.
4. Place a Rail on either side between the Footer and the Header



1. Locate four sets of bed bolts, washers and brass barrel nuts.
2. Start by attaching one rail to the Footer.
3. Insert the Brass Barrel Nut in the hole on the rail.



1. Align the Barrel Nut slots in the direction of the bolt as shown in the picture.
2. With one person holding the footer steady insert the rail into the Footer using the alignment pegs.
3. Rotated the walnut cover up on the front of the Footer and insert the bolt.
4. Align the bolt and start to thread the bolt by hand. You may need the slotted screwdriver to keep the barrel bolt aligned in the direction of the bolt. You may have to wiggle the barrel nut to get the threading started.

Rockland Bed Assembly Instructions, Rev 1. 121102



1. DO NOT CROSS THREAD the BARREL BOLT.
2. Align the first attached rail with the Header.
3. Tighten snugly with the socket wrench.
4. Repeat the above process of securing the 1st rail to the Header.
5. Carefully with another person align the second rail to the Footer and Header. Press the alignment pins into the Header and Footer. Have a second person hold the Rail while securing the Rail with the bed bolts.



PLATFORM ASSEMBLY

1. Locate the Platform piece marked "H" on one end and #1 on the other end.
2. Place it with the handhold tightly against the Header on top of the small wood blocks.
3. Next locate the next platform piece marked #1-2, place it on the rails facing the header.
4. Insert the tongue into the groove. If your bed is a King you will need to attach the support foot to the piece marked #1-2, go to **KING Foot Assembly** Instructions below before proceeding.

PLATFORM ASSEMBLY Cont.

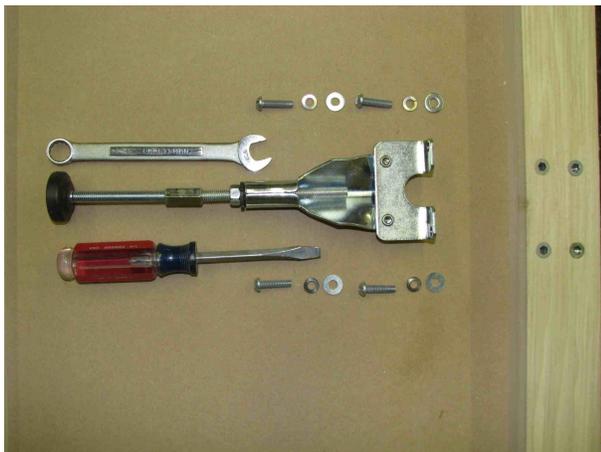


1. Your bed may have three or four platform pieces. Insert all as described above EXCEPT the LAST one.
2. The Last Piece requires two people and is marked with an "F".
3. Place the last piece on the rails with the handle hold at the footer end.
4. Insert the tongue in the groove of the last piece tilted up at a slight angle so as to not touch the footer top curved arch.
5. Carefully push the last piece into the groove and gently lower the last platform piece onto the rails.
6. **DO NOT REST THE PLATFORM PIECE ON THE FOOTER TO AVOID DENTING THE FOOTER.**
7. Slide the entire platform forward towards the Footer exposing the small wooden blocks at the Header.
8. Place your mattress on the platform.

**CONGRATULATIONS YOU ARE DONE!
ENJOY YOUR NEW BED**

KING FOOT ASSEMBLY

1. Locate the King Support Foot and four sets of screws, lock washers and washers.
2. This foot attaches on the bottom side of Platform marked #1-2.
3. Flip platform #1-2 over while it is on the rails.





Attaching the King Foot

1. Using a slotted Screw Driver attach the foot using the four screws with the lock washer on the screw first followed by the plain washer.
2. Do not over tighten the screws.
3. The foot has been preset to the proper height.



King Foot Height Adjustment

1. Flip the #1-2 Platform Panel over and secure the tongue into the groove.
2. The King Foot should be firmly on the floor as shown.
3. If the foot needs adjusting use a 9/16" wrench to loosen the nut.
4. Adjust the foot so it is firmly against the floor.
5. Re-tighten the nut.
6. Go back and proceed with the final Platform Assembly Continued instructions.